



Caterpillars Pre-School

Nappy Changing Policy

August 2019



Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practice in order to accommodate children who are not yet toilet trained.

Caterpillars sees toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- key persons change nappies according to the child's needs.
- Each child has their own bag to hand with their nappies or pull ups and changing wipes.
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Changing areas are warm and there are safe areas to lay young children and no bright lights shining down in their eyes.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- Staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always work for a 'soiled' nappy.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.



- Older children access the toilet when they have the need to and are encouraged to be independent.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.

This policy was adopted by the Caterpillars Pre-School Management Committee

In	<u>November 2019</u>
Date to be reviewed	<u>September 2020</u>
Signed on behalf of the management committee	<u></u>
Name of signatory	<u>Laura Smith</u>
Role of signatory (e.g. chair/owner)	<u>Chair of the Committee</u>