



# Caterpillars Pre-School

Nappy Changing Policy

October 2018



## Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practice in order to accommodate children who are not yet toilet trained.

Caterpillars sees toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

## Procedures

- key persons change nappies according to the child's needs.
- Each child has their own bag to hand with their nappies or pull ups and changing wipes.
- Changing areas are warm and there are safe areas to lay young children and no bright lights shining down in their eyes.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- Staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- Older children access the toilet when they have the need to and are encouraged to be independent.

This policy was adopted by the Caterpillars Pre-School Committee

In	October 2018
Date to be reviewed	October 2019
Signed on behalf of the management committee	
Name of signatory	Dan Mitchell
Role of signatory (e.g. chair/owner)	Chair of the Committee